



CyberSprouts My First Device Promise

Simple rules for using my device safely

Agreement Details

Young person _____

Parent / guardian _____

Device _____

Date _____



LOOKING AFTER ME & MY DEVICE

- ☐ I'll look after my device and keep it somewhere safe.
- ☐ I'll tell an adult straight away if it is lost, broken or stolen.
- ☐ I'll pay attention to traffic and people around me when I use it away from home.



PASSWORDS & SAFETY

- ☐ I won't share my PIN or password with other people.
- ☐ I'll tell an adult if my device shows a warning or something I don't understand.
- ☐ I won't change safety settings unless an adult says it's okay.



APPS, GAMES & SPENDING

- ☐ I'll ask before downloading a new app or game.
- ☐ I'll ask before buying anything or spending money.
- ☐ I'll ask an adult if an app wants access to something I don't understand.



PRIVACY, PHOTOS & SHARING

- ☐ I'll ask before sharing my full name, school, photos or where I am.
- ☐ I'll ask before sending or posting a photo.
- ☐ I'll remember that other people can save or share things I send.



PEOPLE ONLINE

- ☐ I'll ask an adult before chatting privately with someone I don't know in real life.
- ☐ I won't arrange to meet someone I only know online.
- ☐ I'll tell an adult if anyone online worries, scares or pressures me.



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Our family rules and promises

BE KIND & ASK FOR HELP

- ☐ I'll be kind and respectful online.
- ☐ If something worries, scares or upsets me, I'll stop and tell an adult.
- ☐ If I make a mistake, I'll ask for help quickly.
- ☐ Asking for help won't automatically mean losing my device.

PARENTS' PROMISE

- ☐ We'll explain the rules and why they are there.
- ☐ We'll listen and help first if something goes wrong.
- ☐ It's always okay to ask us for help when something goes wrong.
- ☐ If a rule is deliberately broken, any consequence will be fair and related to what happened.
- ☐ We'll change the rules as you get older and show more responsibility.

These are the extra rules we have made together for using my device.

Devices at bedtime

Spending

Devices during meals

Games

Schoolwork / homework

Where can I use my device?

People I can talk to / play with

Anything else that matters to us

WHEN TO LOOK AT THIS AGAIN

We'll review this when I get a new device, start using new apps or as I get older.

Next review: _____

Young person

Signed: _____

Date: _____

Parent / guardian

Signed: _____

Date: _____