



Our practical agreement for safer, more responsible device use

Agreement Details

Young person

Parent / guardian

Device

Date



LOOKING AFTER ME & MY DEVICE

- ☐ I'll take good care of my device and accessories.
- ☐ I'll keep it somewhere safe from damage, loss or theft.
- ☐ I'll tell a parent or guardian straight away if it is lost, stolen or damaged.
- ☐ I'll stay aware of traffic, people and what's happening around me when using it in public.



KEEPING DEVICE & ACCOUNTS SECURE

- ☐ I'll use a screen lock, password or biometrics to secure my device.
- ☐ I'll keep all passwords, PINs and verification codes private.
- ☐ I'll use extra security such as multi-factor authentication where appropriate.
- ☐ I'll keep my device and apps updated and tell a parent or guardian about unusual security alerts.



APPS, DOWNLOADS & PURCHASES

- ☐ I'll only download apps, games or software from trusted sources.
- ☐ I'll follow our rules for installing apps, purchases and subscriptions.
- ☐ I won't bypass purchase approvals or spending limits.
- ☐ I'll check before giving apps unusual permissions or access to personal information.



PRIVACY, PHOTOS & SHARING

- ☐ I'll think before sharing personal information, photos or my location.
- ☐ Before sending or posting a photo, I'll think about what I'm showing, what's visible in the background and who might see it.
- ☐ I'll remember that photos and videos can be saved, copied or shared even after I delete them.
- ☐ I won't send private or revealing photos because someone pressures me to.
- ☐ I'll respect other people's privacy and tell someone I trust if I'm pressured to share something private.



MESSAGES, SCAMS & PEOPLE ONLINE

- ☐ I'll stop and think before clicking unexpected links, attachments or QR codes.
- ☐ I'll be cautious with messages that are urgent, threatening or seem too good to be true.
- ☐ I'll never share passwords or verification codes just because someone asks.
- ☐ I'll be careful with people I only know online and won't arrange to meet someone without discussing it with a parent or guardian first.
- ☐ I'll treat people with respect and tell someone I trust if online behaviour becomes threatening, abusive or worrying.



Safety settings, boundaries and what happens if something goes wrong

PARENTAL CONTROLS & SAFETY SETTINGS

These are the safety settings and controls we have agreed to use on this device.

- ☐ Parental controls
- ☐ Web/content filtering
- ☐ Screen-time limits
- ☐ App restrictions
- ☐ Purchase approval
- ☐ Communication restrictions
- ☐ Safe-search settings
- ☐ Find My Device
- ☐ Family location sharing
- ☐ Automatic backup
- ☐ I won't deliberately disable, bypass or work around safety controls we have agreed.
- ☐ If I think a control is unfair or no longer appropriate, I'll talk about it rather than secretly trying to get around it.

Parents will explain why important controls are in place and review them as trust, maturity and circumstances change.

LOCATION SHARING

- ☐ Location sharing is normally enabled.
- ☐ My location may be checked if there is a safety concern.
- ☐ My location may be checked when I'm travelling or out independently.
- ☐ My location will normally only be checked in the ways we have agreed.
- ☐ Location sharing is not currently enabled.
- ☐ Other: _____

Location sharing is for safety, not constant monitoring.

IF SOMETHING GOES WRONG

Mistakes happen. The important thing is to ask for help quickly.

- ☐ I'll tell a parent, guardian or trusted adult as soon as I reasonably can.
- ☐ The first priority will be making the situation safe and limiting any harm.
- ☐ Asking for help will not automatically mean losing my device.

Making a mistake and asking for help is different from deliberately breaking an agreed rule.

CONSEQUENCES

If I deliberately ignore this agreement, any consequences should be reasonable, proportionate and related to what happened.

- ☐ A discussion and reminder
- ☐ Temporary restriction of an app or service
- ☐ Reduced screen time
- ☐ Temporary changes to parental controls
- ☐ Device use only at agreed times or places
- ☐ Temporary loss of permission to install apps or make purchases independently.
- ☐ Temporary loss of the device
- ☐ Contribution towards a repair if damage was caused carelessly
- ☐ Other: _____

PARENTS' RESPONSIBILITIES

- ☐ We'll listen before deciding what to do when something goes wrong.
- ☐ We'll explain important rules, controls and why they are in place.
- ☐ We'll respect reasonable privacy and growing independence.
- ☐ We'll use monitoring tools for agreed safety reasons, not simply to constantly watch what you are doing.
- ☐ We'll review rules and restrictions as trust, maturity and independence increase.
- ☐ We'll apply consequences fairly, consistently and proportionately.
- ☐ We'll keep communication open so you feel able to ask for help when something goes wrong.



Our family rules, check-ins and review

These are the extra rules we have agreed together for how, when and where the device is used.

Devices at bedtime

Apps / purchases

Devices during meals

Gaming / social media

Schoolwork / homework

Anything else that matters to us



REGULAR CHECK-INS

CyberSprouts recommends checking in every three months.

- ☐ Monthly
- ☐ Every 3 months
- ☐ Every 6 months
- ☐ Other: _____



FULL REVIEW

Next full review date:

We may review sooner after a new device, important new app, increased independence or if something happens that means the agreement needs adjusting.

Young person

Signed: _____

Date: _____

Parent / guardian

Signed: _____

Date: _____